

Yoga Teachers Together – Members Agreement

1. Practice Non-Harming (Ahimsa)

Members commit to creating physically, emotionally, and psychologically safe learning environments.

- Use trauma-sensitive and inclusive language.
- Offer verbal guidance when appropriate. All hands-on guidance must be with pre-consent and approached with sensitivity.
- Avoid coercion, manipulation, or shaming.

2. Commit to Truthfulness (Satya)

Members communicate honestly and transparently.

- Represent qualifications and experience accurately.
- Provide clear information about trainings, certifications, and expectations.
- Offer feedback with integrity and compassion.

3. Respect Boundaries & Energy (Asteya)

Members respect time, intellectual property, and personal boundaries.

- Credit sources and teachers appropriately.
- Honor confidentiality.
- Avoid exploiting students financially, emotionally, or professionally.

4. Maintain Professional Integrity (Brahmacharya)

Members uphold ethical relationships.

- Maintain clear professional boundaries with students and trainees.
- Avoid inappropriate relationships or abuse of authority.
- Act with mindfulness in the use of influence and leadership roles.

5. Practice Non-Greed (Aparigraha)

Members avoid exploitation and excessive material focus.

- Set fair pricing structures.
- Avoid pressuring students into unnecessary purchases or advanced trainings.
- Share opportunities generously within the community.

6. Cultivate Purity & Clarity (Saucha)

Members maintain clean and respectful teaching environments.

- Ensure physical cleanliness of practice spaces.
- Foster clear communication and ethical administrative practices.
- Commit to inner clarity through personal practice.

7. Embody Contentment (Santosha)

Members cultivate gratitude and professionalism.

- Avoid competition and comparison within the community.
- Celebrate others' successes.
- Model steadiness and emotional maturity.

8. Commit to Disciplined Practice (Tapas)

Members maintain ongoing self-study and growth.

- Continue education and skill development.
- Reflect on personal biases and blind spots.
- Uphold consistent practice as the foundation of teaching.

9. Engage in Self-Study (Svadhyaya)

Members reflect on motivations and impact.

- Welcome constructive feedback.
- Study yogic philosophy alongside physical practice.
- Engage in mentorship and peer dialogue.

10. Surrender to Higher Purpose (Ishvara Pranidhana)

Members serve with humility and devotion to the greater good of the yoga community.

- Prioritize student well-being over personal recognition.
- Teach as service, not ego.
- Surrender to something greater and let that trust guide your practice and your life.