

YTT Schools Registration Criteria



About You

The prerequisite for registering a course with Yoga Teachers Together is that the course director is registered as a YTT Yoga Elder, which requires you to have taught a minimum of 5,000 hours, over a minimum of 10 years. If you are not yet a Yoga Elder, you should complete the Yoga Elder registration first. If there are 2 or more lead tutors, you should appoint one course director for the purposes of completing this application form. All lead tutors need to be registered as a Yoga Elder. There can be other tutors on the course, but at least 75% of your course contact hours should be taught by Yoga Elders.

About Your Course

The register accepts courses of any duration between 200 - 1000-hours in 100-hour increments. At least 75% of your course hours need to be contact hours. Contact hours can be in person or live online. A max of 25% of your course hours can be non-contact, including homework, self-study and online training that is not live.

We do not prescribe any particular style of Yoga to be taught, nor a set syllabus for our course directors to follow. Instead, we have high expectations of our course directors' commitment to the yoga principles of Ahimsa and Satya, and of both tutors' and trainees' engagement in self-enquiry and ongoing study - Svadhyaya.

Each part of your course plan, prospectus, syllabus, policies and procedures must demonstrate that you are:

1. Ahimsa

- a. Providing and encouraging a physically and psychologically harm-free environment for trainees to develop their knowledge and teaching skills.
- b. Guiding your trainees to follow this path into their own teaching.

2. Satya

- a. Representing facts and opinions as distinct from each other, and nurturing your trainees' ability to distinguish between them.
- b. Honestly, clearly and sensitively communicating with your trainees and encouraging them to do likewise among themselves.
- c. Teaching from your own experience and practice.

3. Svadhyaya

- a. Committed to, and teaching from your own self-practice based on ahimsa, satya and self-enquiry.
- b. Encouraging the trainees to develop their own self-practice based on ahimsa and satya as a means of self-enquiry.

Online Course Delivery

We do accept applications for the registration of courses with an online teaching component. However only live online, interactive tuition can count towards your course contact hours. However, if your trainees are going to teach in person once they graduate, their ability to teach in person must be assessed before they can pass the course. This should be by a reputable yoga teacher from a comparative style with at least 5 solid years' of yoga teaching experience.

Teaching Assessments

The YTT Schools Register requires that your trainees' ability to teach a full class of at least 60 minutes duration which is safe and effective is assessed both internally, by one or more of the course tutors, and externally by a yoga teacher from a comparative style with at least 5 solid years teaching experience. Therefore, if the training allows them to teach both online and in person, your trainees' teaching must be assessed internally, in whichever method the course is delivered, and externally both in person and online.